# CIRCLE DIALOGUE WORKSHOP – OCTOBER 19, 2024

Соѕт: \$60 Тіме: 9ам то 12рм

LOCATION: 205-394 DUNCAN STREET

## What is Circle Dialogue?

- Circle processes can create a different path for group members to relate to and support each other. The structure contributes to circles being ideal for deepening relationships, processing difficult experiences, and restoring groups, teams, and communities.
- Circles are considered to be one of the oldest forms of group process. Indigenous and First Peoples cultures from around the world used and continue to use circle processes to facilitate community conversations about important subjects. These processes have experienced a revival in modern cultures during the last 40 years and have been used in many applications.

### Why use Circle Dialogue?

- Encourages active participation by providing a structured format that ensures that diverse perspectives are heard and valued.
- Promotes open communication by creating an environment where everyone has an equal opportunity to speak and listen without judgement.
- Provides a constructive framework for addressing conflicts and disagreements with teams, allowing issues to be explored openly and resolved collaboratively.

### What Will the Training Cover?

Through this 3-hour workshop, introductory training participants will learn:

- The basic principles, values, and philosophy of Circle Dialogue
- Appropriate contexts and uses for Circle Dialogue
- How to prepare for a Circle Dialogue
- How to select the theme and the appropriate questions
- The process and guidelines for conducting a Circle Dialogue

#### For more information or to register for the course please email rjcowichan@gmail.com



Carmen Hildebrand will be your instructor.

www.hildebrandconsulting.ca



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